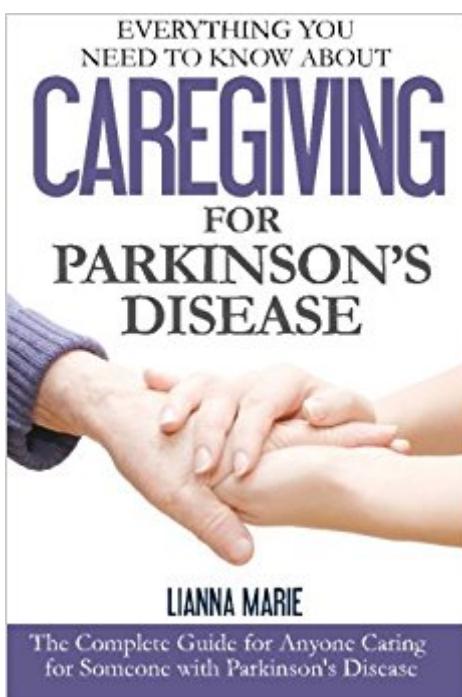


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# Everything You Need To Know About Caregiving For Parkinson's Disease (Everything You Need To Know About Parkinson's Disease) (Volume 2)



## Synopsis

Everything You Need to Know about Caring for Someone with Parkinson's - All in One Place! This comprehensive guide answers your most important questions about caring for someone with Parkinson's Disease. Written in easy to understand every day English, this book is the result of 25 years experience and research in living a life with Parkinson's Disease. Filled with information, tips and helpful hints on a wide range of topics, Caregiving for Parkinsonâ™s will help guide you through all the many stages of caregiving. Here's some of what you're going to discover: Discover what to expect as a caregiver. How much will it cost? How will it affect you physically? How long will your caregiving journey last? The 6 essential legal documents youâ™ll want to have prepared for your loved one with Parkinsonâ™s. 7 Things you should NOT to do when caregiving. Try to avoid making these mistakes. What you should know about the common medications prescribed for Parkinson's patients and how to help your loved one get the most out of them. 16 Tips to make sure your home is âœParkinsonâ™s proofâ•. Why depression is common in people with Parkinson's and how you can help your loved one alleviate this negative emotion. The 3 different types of hallucinations and delusions and what you can do if your loved one experiences them. How to prevent falls. (Is your loved oneâ™s living space safe?) 29 Tips to make mealtimes and swallowing easier for your loved one, and how taking an important Red Cross course could be a life saver. How to care for your loved one if you live miles away, plus long-distance caregiving âœNOâ™sâ• - you â™ll definitely want to avoid doing these 3 things! 8 Techniques you can use in order to help your loved one manage "freezing". You'll learn a neat little trick discovered by accident that works very effectively. 15 Tips for helping you and your loved one get a better night's sleep. This book isn't just about caring for your loved one; itâ™s also about caring for YOU. Inside you'll learn: How to deal with the emotional side of caregiving. What should you do when you feel overwhelmed? 23 of the most common signs of caregiver stress. 2 Main types of formal respite care and how to decide which one's best. How to set boundaries when you have a hard time saying âœnoâ•. 7 Important strategies to help you find time for yourself. Why guilt is a normal part of caregiving and the 7 ways you can deal with it. How to cope with loneliness. The relationship between caregiving and weight gain, including 14 tips to help you lessen this unwanted âœside effectâ•. 15 Key strategies you can use to prevent caregiver burnout. You'll find these tips too: How to decide whether or not to move your loved one into a nursing home. How to know when your loved one should stop driving and what to do if they wonâ™t give up their keys. What to do when no one will help you care for your loved one. Learn the special needs of a spousal caregiver. There are a few that may surprise you. 17 Tips to help you care for a loved one with both Parkinsonâ™s and dementia. What to do if your

loved one refuses Home Care. How to keep peace in your family throughout the caregiving process. 6 Tips to help you in the grieving process if your loved has dementia. Essential caregiving resources including where to find financial assistance, caregiving courses and support groups. Helpful gadgets for people with Parkinson's. And much more... Scroll up and get your and get your copy now.

## **Book Information**

Series: Everything You Need to Know About Parkinson's Disease

Paperback: 204 pages

Publisher: CreateSpace Independent Publishing Platform (May 31, 2016)

Language: English

ISBN-10: 1517756235

ISBN-13: 978-1517756239

Product Dimensions: 6 x 0.5 x 9 inches

Shipping Weight: 8.5 ounces (View shipping rates and policies)

Average Customer Review: 4.8 out of 5 stars 21 customer reviews

Best Sellers Rank: #284,922 in Books (See Top 100 in Books) #26 in Books > Health, Fitness & Dieting > Diseases & Physical Ailments > Parkinson's Disease #244 in Books > Health, Fitness & Dieting > Diseases & Physical Ailments > Nervous System #3046 in Books > Medical Books > Nursing

## **Customer Reviews**

Inspired by her mom who has lived with and battled the disease for 25 years, author Lianna Marie wrote her first book Everything You Need To know About Parkinson's and founded the website AllAboutParkinsons.com. To date, the website has had over one million visitors and the book has been sold in 47 countries worldwide.

My Husband has PSP and I am his caregiver most of the time His illness has left him without a voice and the communication is difficult. But this book was fantastic read it in one day. I could see all the things I was doing wrong. He still wants to be independent and he can do most things but I was smothering him. This book helped me see I was hurting him more than helping. I would recommend any caregiver to read it.Great Job

I was very pleased with the thorough coverage on the topic of caring for Parkinson's patients. The book included helpful and practical advice from someone who has taken this journey herself.

Because of careful research by the author it is a valuable reference resource.

Lot's of good information. Guess I didn't say "I love it" because the topic is so hard. I would definitely say "buy it"!

My wife has just been diagnosed with PD and this is the first bit of education about it. I didn't like it at all but I know I will be reading it over and over. I got a sense, especially in the last chapter, that Ms. Marie has been there for her Mom and that she was there for me.

Very good product! The product is exactly as it appeared on the description. It is easy to use and fulfilled my expectations.

Good insight for those caring for family members. A lot of advice packed in this book and also what to expect from those with Parkinson's disease. This book was helpful to me.

I have found this book very informative lots of facts I was not sure of some time it is quite difficult to get answers to problems you worry about I would definitely recommend this book

this is such a good book

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